

# Proposal for Qingdao #1 International School

## “China Field Trip”



**September, 2012**

## Xi'an

### Introduction of Xi'an

Xi'an, the capital of Shaanxi Province, is situated in the middle part of Yellow River drainage area. It is one of the earliest and most important cradles of Chinese culture. Early in the Prehistoric Times (1.7 million years ago until about 21st century BC), the remaining Banpo Village near Xi'an is typical of the prospering matriarchal community during that period. In the following time, for longer than 1,100 years, as many as 13 dynasties established their capital here. Especially during the powerful dynasties of Zhou (11th Century BC-221 BC), Qin (221 BC-206 BC), Han (206 BC-220 AD) and Tang (618-907), Xi'an was blooming and was the political, economic and cultural centre of China. With the establishment of a trading route between China and Europe - the Silk Road - Xi'an became its starting point and the centre to communicate with foreign countries.

### Program highlights

#### School Exchange Program with local Martial Art School



Xi'an Zhao Changjun Wushu (Martial Art) School, which was set up in 1991 by Mr. Zhao Changjun, a China Martial Star, is a college of combing cultural education and martial arts training, located in the university town in the southern suburb of Xi'an.

Students in this school range from 5 to 17 years old. We will organize an activity where we can interact with students from the martial art school. Activities include Kung Fu performance and martial arts training where students will learn some basic martial arts steps.

#### Biking on the City Wall

Xi'an is one of the few cities in China where old city walls are still intact. The walls were built on the foundations of the walls of Tang Forbidden City during the reign of Hongwu, first emperor of the Ming dynasty. The walls form a rectangle with a circumference of 14km. On each side is a gateway, and over of the four corners is a watch-tower, and the top of each wall is punctuated with defensive towers. The walls are 12m high, a width at the top of 12m to 14m and at the base of 15m to 18m.

We will explore and go around the entire City Wall by biking and get a good sense for the dimensions and the structure of the Old Town.



### **Shaanxi Provincial History Museum**

Shaanxi Provincial History Museum is a splendid national museum with modern facilities .The entire building complex assumes the architectural features of Tang Dynasty. It houses the culture heritage of Shaanxi Province and shows the development of Chinese civilization. It houses 113,000 historical and cultural artifacts unearthed in Shaanxi. The museum displays the historic artifacts excavated in the province. The exhibition may be divided into seven major sections : the Prehistoric Age, the Zhou, the Qin ,the Han ,the Wei , the Jin ,the North ,the South ,the Sui ,the Tang ,the Song , the Yuan , the Ming ,and the Qing .All the exhibitions vividly and systematically depict the history of Shaanxi Province, ranging from 1,150,000 years ago to the year 1840. Back in history, 13 dynasties established their capitals in Shaanxi Province; the ancient history of Shaanxi is microcosm of Chinese history

### **Visit Terracotta Warriors**

The astonishment become “real” when students stand in front of the world- famous Terracotta Army and take a guess of how many warriors are at the spot. Despite learning more about Chinese history, it will offer students a chance to discover the ancient technology.

### **Shadow Puppet Show and Exchange Program**



The shadow show, illuminated puppet figures - by three to five manipulators- on a transparent white cloth screen, is an artistic combination of opera, music, fine art and special craftsmanship. It is a very typically traditional entertainment that has survived and thrived over the centuries. It is also one of the earliest arts introduced into the West.

Record has it that Shaanxi shadow puppet show dates back to the Han Dynasty, about 2000 years ago. It stands out for its elaborate and colorful engravings plus the exquisite performing skills. Students will watch the funny and interesting show as well as try to perform on the stage.

### **Tang Music and Performance**

This is a performance of Chang'an music and dances originating in the Tang Dynasty, over a thousand years ago. And it has been treasured as a national art that fully reflects the glory and richness of the Tang Dynasty era.

### **Huashan**

Mount Hua was called the West Mountain in ancient times, is one of the noted five holy

mountains in China. It is located near Hayin city, Shanxi Province. With Mt. Qinling to the south and the Yellow and Weihe Rivers to the north, Mt. Huashan is formed of a piece of huge and complete granite. Its history dates back to 2.7 billion years. We will take round way cable car to get there and do a pleasant walk on top of the hill, exploring temples and pagodas. The drive from Xi'an to Mount Hua takes 2.5 hours.

### Suggested Itinerary

Day	Morning	Afternoon	Evening	Overnight /Meals
09/17	Fly to Xi'an	Arrive in Xi'an, Pottery Workshop; transfer to hotel and check in;	Music fountain at Big Wild Goose Pagoda Square	4* Hotel D
09/18	Visit Mt. Hua (Take cable car to North Peak; hike at Mt. Hua, photo taking; take cable car descend and drive back to Xi'an)		Swimming	4* Hotel B, L,D
09/19	Visit Terra Cotta Warriors Museum	Have exchange program with local primary school;	Bowling	4* Hotel B, L,D
09/20	Visit the Martial Arts School and learn Kung Fu from local students ; Cycling on City Wall	Visit Bell Tower and Drum Tower; Free time at Muslim Market	Tang Dynasty Show	4* Hotel B,L,D
09/21	Visit the Shaanxi Province Museum; Puppet show and exchange program	Fly back to Qingdao		B, L

**Land cost:** 3380 RMB per person

**Single supplement:** 700 RMB per person

Note: The quotation is based on a group of 25 persons or more

**Land cost includes:**

- Accommodation during the trip
- All activities and entry fees as mentioned in the itinerary
- All land-transportation in comfortable A/C tour buses
- Meals noted in the itinerary (**B**reakfast, **L**unch, **D**inner)
- English-speaking guide and tour leader
- Soft drinks during meals

- The supply of bottled water during the trip
- Travel Insurance
- Tips to guides and drivers
- Consultancy and fine- tuning before the trip

**Land cost excludes:**

- Personal expenses
- Flight tickets
- Round trip bus transfer from school to airport